

 **Koselugo**[®]
(selumetinib)
10 mg & 25 mg capsules
5 mg & 7.5 mg oral granules



**Is Koselugo
right for you?**
Start the conversation
with your doctor.

Kylie, age 19, living with NF1 PN.
Kylie is currently taking Koselugo.

INDICATION

Koselugo is a prescription medicine that is used to treat adults and children 1 year of age and older with neurofibromatosis type 1 (NF1) who have plexiform neurofibromas that cause symptoms and cannot be completely removed by surgery.

It is not known if Koselugo is safe and effective in children under 1 year of age.

SELECT IMPORTANT SAFETY INFORMATION

Serious side effects include: heart problems, eye problems, stomach, intestine, and mouth (gastrointestinal) problems, skin problems, increased level of an enzyme called creatine phosphokinase (CPK) in your blood and muscle problems, embryo-fetal toxicity.

Most common side effects in children include: vomiting, diarrhea, increased level of an enzyme called creatine phosphokinase (CPK) in your blood, dry skin, redness around the fingernails, nausea, skin bumps that look like acne, fever.

Most common side effects in adults include: rash, diarrhea, skin bumps that look like acne.

Please see additional Important Safety Information throughout and Patient Information and Instructions for Use in the full Prescribing Information for Koselugo (selumetinib) at https://alexion.com/Documents/koselugo_uspi.pdf.

NF1=neurofibromatosis type 1; PN=plexiform neurofibromas.

All families featured in this brochure have been compensated by Alexion, unless otherwise noted.

Make the most of your time with your doctor

NF1 plexiform neurofibromas, also known as plexiforms, affect each person differently, so you may need a personalized approach to talk with your doctor. The information below can help you talk with your care team about how best to manage your NF1 plexiforms. Planning what to say in advance can help focus the conversation.








Here are some tips for your appointment:

- Bring this guide and a pen so that you can write down important notes from your discussion
- Consider connecting with your dedicated Alexion Patient Education Manager (PEM) for help planning your next discussion
- Take note of any symptoms you've noticed leading up to your meeting and bring them up with your doctor. We've offered some guidance on symptoms that may be relevant

Capture your NF1 plexiform symptoms

Do you have any of the following symptoms?

Use the chart below to familiarize yourself with common symptoms and mark anything you notice. Bring this guide to your next doctor's appointment so you can share how you're feeling.

How much are you affected by any of these symptoms?	Never	Sometimes	Often	All the time
 Increased pain or discomfort				
 Difficulty moving				
 Tingling or numbness				
 Neurological symptoms				
 Trouble breathing				
 Changes in appearance				
 Other symptoms				

IMPORTANT SAFETY INFORMATION


What are the possible side effects of Koselugo?

Koselugo may cause serious side effects, including:

- **Heart problems.** Koselugo can lower the amount of blood pumped by your heart, which can be severe. Your healthcare provider will do tests before and during treatment to check how well your heart is working. Tell your healthcare provider right away if you get any of the following signs or symptoms: persistent coughing or wheezing, shortness of breath, swelling of your ankles and feet, tiredness, increased heart rate.

Your treatment goals

When you think about treatment goals and the future, what factors could make you feel like treatment is working? For example, you can write below: "I want my plexiform to shrink" and then check the "Most Important" box. Write your treatment goals below and be sure to share them with your doctor.

Goal	1 Not as Important	2	3	4	5 Most Important
 Additional notes					

IMPORTANT SAFETY INFORMATION (CONT'D)

- **Eye problems.** Koselugo can cause eye problems that can lead to blindness. Your healthcare provider will check your vision before and during treatment. Tell your healthcare provider right away if you get new or worsening vision changes, including: blurred vision, loss of vision, dark spots in your vision (floaters), other changes to your vision.
- **Stomach, intestine, and mouth (gastrointestinal) problems.** Koselugo can cause diarrhea, vomiting, nausea, and mouth sores. Diarrhea can be severe with Koselugo. Tell your healthcare provider right away the first time that you get diarrhea during treatment. Your healthcare provider may give you medicine to help control your diarrhea and may tell you to drink more fluids.
- **Skin problems.** Koselugo can cause severe skin rashes. Tell your healthcare provider if you get any of the following signs of skin problems: rash that covers a large area of your body, flat skin rash, raised bumps on your skin, skin bumps that look like acne, blisters, peeling skin, itchy rash, hair thinning or hair loss (alopecia).

Please see additional Important Safety Information throughout and Patient Information and Instructions for Use in the full Prescribing Information for Koselugo (selumetinib) at https://alexion.com/Documents/koselugo_uspi.pdf.

Specialists can help

Specialists can be highly experienced with rare diseases such as NF1 plexiforms. It may be worth asking your doctor if you could benefit from the advice and care of a specialist. Here are some ideas to discuss referral with your doctor:

1. Should I see a specialist who treats NF1 plexiforms?
2. Can you help connect me with a doctor who prescribes KOSELUGO® (selumetinib)?
3. How long will the referral process take?

Your doctor may have a specialist in mind. You can note the details here:

Specialist Name:

Location:

Appointment Date:

You can engage your doctor with questions about Koselugo

Here are some conversation starters, but feel free to write down any of your own questions.

1. Is Koselugo an option for me?
2. How is Koselugo taken?
3. If I'm prescribed Koselugo, when can I expect results?
4. How will I know if Koselugo is working?
5. What are the most common side effects?
6. How can I manage the side effects that may come with Koselugo?
7. How well did Koselugo work in the clinical trial?
8. How long did plexiform shrinkage last?
9. Can you help me enroll in support programs provided by the Koselugo team?
10. Can we make a plan for getting ready to start Koselugo?

IMPORTANT SAFETY INFORMATION (CONT'D)

• Increased level of an enzyme called creatine phosphokinase (CPK) in your blood and muscle problems.

Koselugo can cause severe muscle problems. Treatment with Koselugo may increase the level of an enzyme in your blood called creatine phosphokinase (CPK), which may be a sign of muscle damage. Increased level of CPK in the blood is common during treatment and can also be severe. Your healthcare provider should do a blood test to check your blood levels of CPK before you start taking Koselugo and during treatment. Tell your healthcare provider right away if you get any of the following signs or symptoms: muscle aches or pain; muscle spasms and weakness; dark, reddish urine.

Your healthcare provider may change your dose, temporarily stop, or permanently ask you to stop taking Koselugo if you have any of these side effects.

Use the space below to add any additional questions or notes:

KOSELUGO® (selumetinib) comes with a team



If you and your doctor decide that treatment with Koselugo is the right choice, you'll have a team behind you during every step of the journey. To learn more about what support is available before and after starting treatment, visit Koselugo.com to find out more.

Your doctor will help decide if Koselugo is right for you



Get in touch with your PEM at bit.ly/Request-a-PEM.

IMPORTANT SAFETY INFORMATION (CONT'D)

Before taking Koselugo, tell your healthcare provider about all your medical conditions, including if you:

- Have heart problems.
- Have eye problems.
- Have liver problems.
- **Females who are able to become pregnant:**
 - Your healthcare provider should check to see if you are pregnant before you begin treatment.
 - You should use effective birth control (contraception) during treatment and for 1 week after your last dose.
 - Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment.
- **Males with female partners who are able to become pregnant:**
 - You should use effective birth control (contraception) during treatment and for 1 week after your last dose.
- Are breastfeeding or plan to breastfeed. It is not known if Koselugo passes into your breast milk. Do not breastfeed during treatment and for 1 week after your last dose. Talk to your healthcare provider about the best way to feed your baby during this time.

Tell your healthcare provider about all the medicines you take, including prescription, over-the-counter medicines, vitamins, or herbal supplements. Certain medicines may affect the way Koselugo works. Especially tell your healthcare provider if you are taking a supplement containing vitamin E, aspirin, blood thinners, or other medicines to treat blood clots. Koselugo capsules contain vitamin E, which may increase risk of bleeding.

What should I avoid while taking Koselugo?

Avoid St John's wort, grapefruit or grapefruit juice, and Seville oranges during treatment.



Quentin, age 18. Quentin is currently taking Koselugo.



Request your free Starter Kit by visiting [Koselugo.com](https://koselugo.com).



To learn more about patient support, visit [Koselugo.com](https://koselugo.com).

IMPORTANT SAFETY INFORMATION (CONT'D)

Most common side effects in children include: vomiting, diarrhea, increased level of an enzyme called creatine phosphokinase (CPK) in your blood, dry skin, redness around the fingernails, nausea, skin bumps that look like acne, fever.

Most common side effects in adults include: rash, diarrhea, skin bumps that look like acne.

These are not all the possible side effects of Koselugo. Call your healthcare provider for medical advice about side effects. **You may report side effects to AstraZeneca at 1-800-236-9933 or at <https://us-aereporting.astrazeneca.com> or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.**

Please see additional Important Safety Information throughout and Patient Information and Instructions for Use in the full Prescribing Information for Koselugo (selumetinib) at https://alexion.com/Documents/koselugo_uspi.pdf.



KOSELUGO is a registered trademark of the AstraZeneca group of companies. ALEXION and the Alexion logo are registered trademarks of Alexion Pharmaceuticals, Inc.
© 2025, Alexion Pharmaceuticals, Inc. All rights reserved. US/KOS-NF1/1123 V1 11/2025

